



Methodist  
Church

# Partnership News

10 February 2008

## First Sunday of Lent



Church of  
England

### Partnership Church Services Today

**8.30am Holy Communion every Sunday**  
on the 1st, 3rd & 5th Sunday at Putnoe Heights  
Church. On the 2nd & 4th Sunday at St Mark's

**9.30am St Mark's** –Morning Worship  
Preacher - Revd Dr Sam Cappleman  
Leadership Team - Mr Mike Cooper  
Intercessions– Mr Chris Izzard

**11.00am Putnoe** - Morning Worship  
Preacher - Revd Dr Sam Cappleman  
Leadership Team - Mr Alan Cooper  
Intercessions - Mrs Sue Allen

*Joan Crossley is preaching at Priory this morning*

### 2nd Sunday of Lent

**9.30am St Mark's Church - Holy Communion**

Preacher - Mr J Bassill  
Leadership Team - Mrs Linda Parry  
Intercessions - Mr Ian Farthing

**11.00am Putnoe Heights – Holy Communion**

Preacher – Mr John Bassill  
Leadership Team –Mr Lawrence Wyatt  
Intercessions - Dr Tim Wilkes

### Bible Readings.

1. Genesis 12: 1-4a 2.Romans 4:1-5,13-17
3. John 3: 1-17

### Thank You

The flowers in the church at St Mark's this week have been given by Judith Griffiths in memory of her husband Colin on his birthday.

The flowers at Putnoe have been given by Elsie Slack in memory of Hartley .

We are always grateful for any donations for flowers perhaps to celebrate a special occasion such as an anniversary or in memory of a loved one. Please contact Miss Marion Prior 303254 (St Mark's) or Miss Jennie Cooper 404950 (Putnoe Heights) or add your name to the rota in the foyers.

### Prayer for Sunday

O uncreated One, bless those whom you have made in your image. O untouchable One, draw near to us in the Word made flesh. O ineffable One, disclose yourself to us in the wisdom of the Cross. O immortal One, bring us through death to eternal life; through the same Christ our Lord. Amen.

**Angela of Foligno, 1248-1309**

### Contact Details

#### The Reverend Dr. Sam Cappleman

107 Dover Crescent, Bedford MK41 8QR  
266952 Fax- 402624 NSM@ThisisChurch.com  
(Sam also works full time as a General Manager for Hewlett Packard)

#### The Reverend Dr. Joan Crossley (Day off Friday)

30 Cutcliffe Grove, Bedford. MK40 4DD.  
Home 344536 Crossley@thisischurch.com

#### The Reverend Charles Royden (Day off Thursday)

The Vicarage, Calder Rise. MK41 7UY  
309175 Mobile 07973 113861 vicar@thisischurch.com

#### For Data Protection Purposes

Please note that any items submitted for inclusion in Partnership News will automatically be posted on our website.

Partnership News is also archived on our church website [www.ThisisChurch.com](http://www.ThisisChurch.com)

### Partnership Pastoral Support Team Co-Ordinator & Churchyards Administrator

Mrs Mary Stubbs 406784 Mary@Thisischurch.com  
*Please inform us if you know of anyone who is ill, bereaved, housebound, requires a visit, home communion or counselling services. Please also ask us if you would like a home visit for any reason.*

### Putnoe Heights Church Centre

**Open 9am—5pm Monday to Friday**

**Tel/fax & Answering Service** 365630 putnoe@thisischurch.com

**Centre Manager** Mr Barry Snelson 365630 & 344417

**Leadership Team** Mr Alan Cooper 365302 Mob 07989367604

**Treasurer** Mr Ian Morse 216428 treasurerph@thisischurch.com

**Gift Aid Administrator** - Mr John Hitt 404186

**Youth & children's worker** - Mrs Spavins 302349

youth@thisischurch.com

### St. Mark's Church Centre (Open 9am - 5.00pm)

**Tel/fax & Answering Service** 342613 office@thisischurch.com

**Centre Manager** Miss Wendy Rider 342613

**Leadership Team** - Mrs L Parry 216724 Mob 07922053740

**Treasurer** - Mr Ian Farthing 210892 treasurer@thisischurch.com

**Gift Aid Administrator** Mr Williams 360605

# Regular Weekly Activities - A Guide To Our Churches

## Monday

**9.30-12.00pm Mon-Fri Putnoe Heights Pre-school**  
Headteacher Mrs Janet Smith ☎326685

**8.30-5.30pm Mon-Fri St Mark's Pre-school**  
Headteacher Mrs. Helen Harpin ☎312634  
(See website for more details)

**9.00am Clubhouse** at St. Mark's for those with Learning Disabilities. Karen Bywater ☎315460.

**10.00am Bakers Barn Art Group.** St Mark's  
Mr Kellie ☎721063

**10.45am U3A Playreading** St Mark's C Birks ☎219607

**12.00pm Story box** We welcome the under 5's and their carers to join them between 12noon and 1pm for a sandwich lunch followed by a Bible based story and singing. ☎Liz 302349

**1.45pm U3A History Group** St Mark's 2nd & 4th week of the month. ☎ David Fowler 824474

**4.00pm Storybox Plus** Putnoe Heights for 4-9 year Old. Meet at 3.30 for refreshments & games. Then till 5pm 'follow the year' through stories, drama, singing & craft activities. We then make a short presentation in church on first Sunday in each month. ☎Liz Spavins 302349

**4.15pm Rosemary Conley Diet & Fitness.** Putnoe Heights. Margo Needham 843747

**4.15pm Kumon Maths** Putnoe Heights. Mrs Raksha Mistry ☎01908 392698

**6.00pm Brownies** St Mark's. Mrs C Mathew ☎826190

**6.15 pm Brownies** Putnoe. Sharon Tanner ☎07720712735

6.15 Pilates at Putnoe Heights Jane Butcher 300859

**7.30pm Sugarcraft Guild** St Mark's 1st week every month  
Pat Nicholson ☎353518

**7.15pm Guides.** St Mark's. Mrs Gill Lake ☎218091

**7.15pm Yoga.** Putnoe Heights Lena Holland ☎244970

**7.30pm Whist Drive.** St Mark's 3rd & 5th week each month . Next meeting 18 February Judith Stanton. ☎823313

**7.30pm Housegroup** 30 The Ridgeway. The home of Eddy & Margaret Peck ☎267567.

**8.00pm 'Get Fit, Stay Fit'** Putnoe Heights. Mrs Diane Field ☎404976

## Tuesday

**9.30am Candlewicking** (Needlework). Putnoe Heights.  
Judi Staughton ☎341821

**9.30am -12.30 & 4-9pm Slimming World** St. Mark's.  
Helen Folbigg ☎351223

**10am -Bedford Arts Society** starting at St Mark's on the 11th September. ☎Mrs Brown 771676

**1.30pm Toddlers Playtime.** Putnoe Heights Majella Atkinson ☎325293.

**1.30pm U3A Cinema Group.** St Mark's last Tuesday of the month. Mr Austin ☎365184

**2.00pm U3A Book Group.** St Mark's 3rd Tuesday of the month Mrs Berman ☎364723

**2.00pm Library Walk W.I.** Putnoe Heights, meets monthly. Mrs C Allen ☎363878

**2-5pm Police Surgery.** St Mark's Foyer.

**2.15pm Putnoe Heights Women's Fellowship.** Next meeting 12th February 'Charles Rennie Mackintosh' Dr Jane Preston. Betty Wyatt ☎350188.

**2.30pm Mother Teresa Support Group.** St Mark's alternate weeks. Wool and knitting needles provided. Mrs

Maureen Watling ☎262225

**2.30pm Tuesday Afternoon Housegroup.** St Mark's alternate weeks. Mary Stubbs ☎406784.

**3.45pm Stars School of Dance.** Putnoe Heights. Esther Sancto ☎295862 or ☎07917582468.

**7.00pm Hearts in Beds Cardiac Support Group**  
St Mark's 1st Tuesday ☎Parsons 351150

**7pm Keep Fit.** St. Mark's Jan Gregory ☎328455

**7pm MT Karate** [all ages] Putnoe Heights. Karen King ☎07941 264885

**7.30pm Tabernacle of Truth Church** Putnoe Heights Bible study & prayers. Revd.Tarr ☎360188 or 07866775515

**7.30pm Chartered Management Institute** St Marks 3rd week of the month. Mrs Dimmock ☎01525 862374

**7.30pm Putnoe Heights Ladies Tuesday Club** - Meets fortnightly. Next meeting Feb 12th Stories and Poetry - Dot Wig .Audrey Wilkins☎365068 or Margaret Gentle ☎309043

## Wednesday

**9.15am Paint Tots** St Mark's Jacqui Hanahan ☎824475

**9.30am Childminding Support Group** Putnoe Heights.  
Mrs S Longman ☎313949

**9.30am Body Control Pilates.** Putnoe Heights. Stephanie Smith ☎07973174430.

**9.00am Clubhouse** at St Mark's for those with Learning Disabilities. Karen Bywater ☎315460.

**10.00am Holy Communion.** St. Mark's Chapel. A half hour service followed by coffee. All welcome.

**10am Sewing & Chat.** Putnoe Heights Valerie Russell ☎01462 815966

**10.30 am U3A Art Appreciation** Putnoe Heights Fortnightly. Audrey Hancock ☎365915.

**Luncheon Club.** Putnoe Heights fortnightly. Next meeting 20 February 2008 Putnoe Heights Office ☎365630

**12.30pm Men's Fellowship Lunch** St Mark's 2nd week each month. Chris Izzard ☎212164

**1.00-3pm Police Surgery** at Putnoe Heights .

**1.15pm Bridge Club for the Retired.** St. Mark's.  
Mr Barnes ☎261811

**1.45 Scots Society Whist** monthly .All welcome Nancy Barr 268147

**2pm U3A Whist Group** St Mark's 3rd week of the month  
Ken Silvester☎400584

**2.15pm - Fifty plus Keep Fit.** Putnoe Heights  
Mrs Webster ☎856966

**4.15pm Kumon Maths.** Putnoe Heights Mrs Raksha Mistry ☎01908 392698

**6.00 pm Brownies.** St Mark's. Mrs Carol Warden ☎219731

**6.15pm Yoga and Relaxation** Putnoe Heights Racheall Monton ☎01234 297138

**6.30pm Karate.** St Mark's Karen ☎079412 64885

**7.00pm Bunyan Bridge.** St. Mark's Brian Sallows ☎407725

**7pm U3A Whist Group** St Mark's 4th Wednesday of the month. Ken Silvester ☎400584

**7.00pm Archaeological & Local History Society** Putnoe Heights monthly. . Sylvia Woods ☎365095

**7.00pm Yoga** St Mark's Dorothy Turner ☎721763

**7.00pm Putnoe Guild** Putnoe Heights monthly Janice ☎Loxley 347073

**7.00pm U3A Sky at Night** 2nd Wednesday of the month.

Mr Farish ☎824984

**7.45pm Badminton Club** Putnoe Heights All welcome.

Ken Marriott ☎214867

**8.00pm Tudor Reeds Folk Dance Club** St Mark's,

1st ,3rd & 5th Wednesday. Next meeting 20 February 2008

Graham ☎406359 or Danny ☎401668.

**8.00pm Bedford Wine and Social Club** St Mark's 1st

week in the month. Mrs Gansfield ☎215016

### Thursday

**9.30am Thursday Prayer Group.** Putnoe Heights in the

quiet room. Sylvia Cohen ☎343424

*Request for prayer can be written in the prayer diary on the information table.*

**9.40am Jo Jingles.** St. Mark's. Music & movement for pre-school children. Jayne Phillips ☎01582 485333

**9.45am Yoga** Putnoe Heights Lena Holland ☎244970

**9.45am Chat and Play** weekly at St.Mark's. A group for

Mums & toddlers. £1.75 for first child. More details from St.

Marks Office ☎342613 or Emma Strangwick ☎211070

**1.30pm-3.00pm NHS Baby Clinic.** St. Mark's ☎267444

**12pm Storybox** weekly at St Mark's welcome the under 5's and their carers to join them between 12 noon and 1pm for a sandwich lunch followed by a Bible based story and singing . Lots of fun. Contact Emma Strangwick ☎211070

**1.30pm Toddler Playtime.** Putnoe Majella Atkinson☎325293.

**2pm Putnoe Bridge Club.** Gerald Palmer ☎345991

**5.30pm Police Surgery.** St Mark's Foyer.

**6.15 pm Weightwatchers.** St. Mark's. Mrs Margaret Ralph ☎01767 224978.

**6.15pm Brownies.** Putnoe Heights Helga Nash ☎218521

**6.15pm Bedford Junior Chess Club.** St. Mark's

Mr C Hill ☎772922

**7.00pm Club 2000** Putnoe Heights

Nina Ovenden☎825059

**7pm U3A Folk & Poetry Group.** St Mark's 2nd & 4th

week of the month. Doug Ovenden ☎825059

**7.00pm British Cardiac Patients Assoc.**at Putnoe bi monthly Mrs.E. marriot 303834

**7.30pm Bedford Senior Chess Club** St Mark's Mr P

Housden ☎376597

**7.30pm Bedford Embroiderers' Guild** St Mark's

3rd Thursday of the month. Mrs C Smith ☎344544

**8.00pm Bedford Writers Circle.** St Mark's 1st week

each month. Mr Newton ☎01525 378193

**8.00pm Magpies Women's Group** St Mark's 2nd & 4th

week Mrs Cotchin ☎402089

**8.00pm Brickhill Wives** St Mark's 1st and 3rd week Next

meeting Mrs Woods ☎404702

### Friday

**9.30-12.30pm & 12.30 - 2.30pm U3A Photography**

**Group** St Marks 4th week Joyce Fildes ☎353086

**9.00am Clubhouse** St. Mark's for those with Learning Disabilities. Karen Bywater ☎315460.

**1.30pm Stars School of Dance** Putnoe Heights Contact Esther Sancto ☎295862 or ☎07917 582468

**2.00pm U3A Gardening Group** Putnoe Heights Eve Whitehead ☎356875

**6.30pm –7.30pm Line Dancing. Beginners 7-8pm Improvers** St Mark's Christine Rushton ☎782360

**7pm Bedford Arts Society** fortnightly Putnoe Heights from 8 September. Malcolm Smith ☎01234 400741

**7pm Youth Club for age 10-15.** St Mark's Church.

Contact PC Dave Hawkey ☎349179

**7.45pm Astrology Group** St Mark's as from 11th January.

Mr Kenworthy ☎402792

### Saturday

**9.00pm Stars School of Dance.** Putnoe

Esther Sancto ☎295862 or ☎07917 582468

**10.00am Theatretrain** St Mark's. Dancing acting, singing.

Kate Howard ☎01234 782414

1.30pm Young Embroiders bi monthly Terry Fletcher Tel 357198

**7.00pm Duplicate Bridge.** St Mark's Mrs Pillinger

☎212066

### Sunday

**9.30 - 10.30 Church and Sunday School** at St Mark's with crèche for under 3's

**11.00 - 12.00 Church and Junior** at Putnoe Heights for the under 9's and Young Peoples Fellowship (Y.P.F) for our young adults. A crèche is also available.

**1pm Tabernacle of Truth Church** Putnoe Heights Revd.

Tarr ☎360188 or ☎07866775515

**6pm T.N.T.** Putnoe. For 9-12 year olds (fortnightly) join us for fellowship, fun, games & outings .Next meeting 10

February Liz ☎302349

## Diary Dates

**St Mark's Church Council** – 17th June 08, 18 November 08

**St Mark's Leadership Team** – 7th April 2008, 13 May 2008

**Putnoe Heights Leadership Team** – May 12th

**Putnoe Heights Children & Youth Committee** – 21st April

**Putnoe Heights Management Meetings** ., 14th April and 14th July.

**St Mark's Church Forum Meeting** - 11h March 12noon.5 May, 11 July, 9 September, 12 November all at 12 noon

**Putnoe Church Council** -

**Pastoral Group Meeting** -

**Churchyard Committee** - 11 June 2008

**Putnoe Heights Mission Group**

**Partnership Council** -

**Brickhill Parish Council Meetings** -

**Deanery Meeting** - 21 February, 12 June, 18 September, 13 November

**Circuit Meeting** - 10 March 2008, 12 June 2008

**Woodland Burial Trustees - Sunday 6th April**

2008 in the Wren Room at 3.30pm

**Putnoe Heights Children & Youth–**

**Please advise St Mark's Church Office of the dates of your meetings.**

## First Sunday in Lent

### **Opening Verse –Psalm 51**

Have mercy on me, O God, according to your unfailing love; according to your great compassion blot out my transgressions. Wash away all my iniquity and cleanse me from my sin.

### **Collect Prayer for the Day**

Almighty God, whose Son Jesus Christ fasted forty days in the wilderness, and was tempted as we are, yet without sin: give us grace to

discipline ourselves in obedience to your Spirit; and, as you know our weakness, so may we your power to save; through Jesus Christ our Lord. Amen *Common Worship & Methodist Worship*



### **First Bible Reading Gen 2 v 15 – 17, 3 v 1 - 7**

The LORD God took the man and put him in the Garden of Eden to work it and take care of it. And the LORD God commanded the man, "You are free to eat from any tree in the garden; but you must not eat from the tree of the knowledge of good and evil, for when you eat of it you will surely die." Now the serpent was more crafty than any of the wild animals the LORD God had made. He said to the woman, "Did God really say, 'You must not eat from any tree in the garden'?" The woman said to the serpent, "We may eat fruit from the trees in the garden, but God did say, 'You must not eat fruit from the tree that is in the middle of the garden, and you must not touch it, or you will die.' " You will not surely die," the serpent said to the woman. "For God knows that when you eat of it your eyes will be opened, and you will be like God, knowing good and evil." When the woman saw that the fruit of the tree was good for food and pleasing to the eye, and also desirable for gaining wisdom, she took some and ate it. She also gave some to her husband, who was with her, and he ate it. Then the eyes of both of them were opened, and they realized they were naked; so they sewed fig leaves together and made coverings for themselves.

(This is the word of the Lord - **All: Thanks be to God**)

### **Second Bible Reading - Romans 5: 12-19**

Therefore, just as sin entered the world through one man, and death through sin, and in this way death came to all men, because all sinned— for before the law was given, sin was in the world. But sin is not taken into account when there is no law. Nevertheless, death reigned from the time of Adam to the time of Moses, even over those who did not sin by breaking a command, as did Adam, who was a pattern of the one to come. But the gift is not like the trespass. For if the many died by the trespass of the one man, how much more did God's grace and the gift that came by the grace of the one man, Jesus Christ, overflow to the many! Again, the gift of God is not like the result of the one man's sin: The judgment followed one sin and brought condemnation, but the gift followed many trespasses and brought justification. For if, by the trespass of the one man, death reigned through that one man, how much more will those who receive God's abundant provision of grace and of the gift of righteousness reign in life through the one man, Jesus Christ. Consequently, just as the result of one trespass was condemnation for all men, so also the result of one act of righteousness was justification that brings life for all men. For just as through the disobedience of the one man the many were made sinners, so also through the obedience of the one man the many will be made righteous.

(This is the word of the Lord - **All: Thanks be to God**)

### **Third Reading - Matthew 4: 1-11**

Then Jesus was led by the Spirit into the desert to be tempted by the devil. After fasting forty days and forty nights, he was hungry. The tempter came to him and said, "If you are the Son of God, tell these stones to become bread." Jesus answered, "It is written: 'Man does not live on bread alone, but on every word that comes from the mouth of God.'" Then the devil took him to the holy

city and had him stand on the highest point of the temple. "If you are the Son of God," he said, "throw yourself down. For it is written: 'He will command his angels concerning you, and they will lift you up in their hands, so that you will not strike your foot against a stone.' Jesus answered him, "It is also written: 'Do not put the Lord your God to the test.' Again, the devil took him to a very high mountain and showed him all the kingdoms of the world and their splendour. "All this I will give you," he said, "if you will bow down and worship me." Jesus said to him, "Away from me, Satan! For it is written: 'Worship the Lord your God, and serve him only.' Then the devil left him, and angels came and attended him.

(Reader: This is the word of the Lord—**All: Thanks be to God**)

**Hymns** (Please distribute Mission Praise and Morning Worship)

1. All my hope on God is founded, **16**;
2. All I once held dear (Partnership News);
3. Forty days and forty nights, **160**;
4. As the deer pants for the water, **37**;
5. Lord of creation, **440**

### **Post Communion Prayer**

Lord our God, you have renewed us with the living bread from heaven, by it you nourish our faith, increase our hope, and strengthen our love: teach us always to hunger for him who is the true and living bread, and enable us to live by every word that proceeds from out of your mouth; through Jesus Christ our Lord. Amen

### **Meditation**

The General Confession from the Book of Common Prayer reminds us, '...we have erred and strayed from thy ways like lost sheep, we have followed too much the devices and desires of our own hearts, we have offended against thy holy laws...', and so it goes on. And whilst this is true, it's not the whole story. The prayer continues, '...have mercy upon us miserable offenders...', and reminds us that however much we stray from God's way that God indeed does have mercy on us and restores us to be the people that He created in His own image. Lent is a good time to reflect inwardly and give up some small sacrifice in order that we can open ourselves more fully to the grace of God. Perhaps Lent is also a time to take something on for a short while, read a book or commit to some small act of service to others, so that as well as acknowledging our 'miserable sins', we can also live out the reality of the freedom God gives us through the mercy of His forgiveness and the restoration of 'those who are penitent.

### **Commentary**

At sometime in our lives each one of us has probably had one or more desert experiences - times of loneliness, disillusionment, emptiness, and spiritual dryness; times of change, decision, transition, and struggle. Times when we wonder what God's calling, and our faith, are all about. Times when we seemingly have no other option but to wait until God's direction for us begins to unfold. Jesus begins his ministry with exactly this experience. A time of loneliness, reflection, discernment, transition and struggle. Thankfully, the Spirit of God that accompanied Jesus in the wilderness accompanies each of us in our desert experiences too. And just as for Jesus, our desert experiences, however painful, can be a time of discovery and growth. A time that draws us into God's presence, offering us an opportunity to discern once again what it is that God is asking of us each in this short, earthly journey. A time, as Evelyn Underhill writes, 'when we can have a secret correspondence of the soul.' Lent is the time in the church year where we are offered space for reflection and repentance. Sin is a part of all of our lives and none of us are strangers to temptation. Like Jesus, we are most vulnerable to the twisting, distorting forces of evil at those times where we are also most open to God. If Jesus had not been so consumed with passion for the hungry, the oppressed and those who have not experienced the power of God, the devil's proposals to Him would not have been the least bit tempting. But He was, and the resources that He had in those stark wilderness days can be ours as well. The temptation of Jesus was for the sole purpose of distracting him from His ultimate goal and purpose in life, which was to die on the

cross as the atoning sacrifice for humanity. As he tries to distract Christ from this goal Satan tempts Jesus in three different ways. He tempts Him to concentrate on His physical needs, he tempts Him to take moral shortcuts, and he tempts Him to focus on Himself rather than His Father God. Temptations which assail us all from one time or another. Jesus was able to resist temptation because he was clear about His purpose and destiny and was able to focus on knowing and doing the will of the Father who had sent Him into the world. For Jesus and for every Christian, overcoming temptation is not just about knowing what not to do, it's about knowing what we should be doing, about the fulfilling to the best of our human ability the purpose and destiny God has marked out for each one of us.

Lent offers us a time reflection when we can draw near to God, through fasting, reading and prayer so that we can know more certainly what that purpose and will might be for our lives. One of the prayers we use on Ash Wednesday invites us to use the time of Lent as a time of holy observance, a time that is different from the rest of the Christian year, a time to reflect on the purpose of our own spiritual journey. It's also a time which leads inexorably to the cross and the resurrection beyond, a time to look forward to an Easter which gives the ultimate meaning to our lives as the stone is rolled away and the world looks into an empty tomb. From Lent we look beyond to Easter. As we look into ourselves in Lent, we see the temptations we have succumbed to, we see the things in our lives which we need to repent of, see the things in our lives which we need to get sorted out, but beyond all those we are able to see the God who is in each one of us through the glory of a resurrected Christ. Sometimes we just don't spend enough time looking, and stop before we see His glory in our inner selves.

*Sam Cappelman*

### **A Prayer for Sunday and the week ahead**

Christ our partner, you invite us to bear your yoke, so that sharing in your work, we may find our real selves in relationship with you and with those we would bring to your friendship.

**Amen** *Myra Birdsall*

O Lord Jesus Christ, you taught your disciples to pray, to do good deeds and to fast cheerfully, without hypocrisy or ostentation; help us to use this season of Lent sincerely for your service, so that we may pray more, do more and discipline ourselves cheerfully for your sake; for you died for us and now you live, for ever and ever, world without end.

**Amen**

O Lord, whose way is perfect, help us always to trust in your goodness, to walk in the way of faith, and to follow in the path of simplicity. Teach us to cast our cares on your providence, that we may possess a quiet mind and a contented spirit; through Jesus Christ our Lord. **Amen**

Lord protect us in our struggle against evil. As we begin the discipline of Lent, make this season holy by our self denial. **Amen**

Guide us, O Lord waking, and guard us sleeping, that awake we may watch with Christ, and asleep we may rest in peace. **Amen**

Christ give you grace to grow in holiness, to deny yourselves, take up your cross, and follow Him; and may the blessing of God almighty, the Father, the Son and the Holy Spirit, be among you and remain with you always. **Amen**



## A Hymn for Sunday

All I once held dear  
Built my life upon,  
All this world reveres,  
And wars to own,  
All I once thought gain  
I have counted loss;  
Spent and worthless now,  
Compared to this.

*Knowing You, Jesus,  
knowing You,  
there is no greater thing.  
You're my all, You're the best,  
You're my joy, my righteousness,  
and I love You, Lord.*

Now my heart's desire  
Is to know You more,  
To be found in You  
And known as Yours.  
To possess by faith  
What I could not earn,  
All-surpassing gift  
Of righteousness. *Chorus*

Oh, to know the power  
Of Your risen life,  
And to know You in  
Your sufferings.  
To become like You  
In Your death, my Lord,  
So with You to live  
And never die. *Chorus*

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 Thank you

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## Lent 2008

**This year our Lent Course** will take place at Putnoe Heights Church on Wednesday evenings Starting on Wednesday 20 Feb. This year in our Lent Course we will be looking at the Old Testament Prophets and Prophecy as they point towards the events of Easter.

### **Wednesday 20 February**

Charles Royden Amos & Hosea, the prophets of the Northern Kingdom of Israel.

### **Wednesday 27 February -**

Joan Crossley-Isaiah, Jeremiah & the minor prophets of the Southern Kingdom of Judah

### **Wednesday 5 March**

Sam Cappleman  
Daniel, Zechariah, Haggai & Malachi, A view from exile and the end of the beginning

### **Wednesday 12 March**

Bishop Christopher-Prophecy today

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### **St Mark's Coffee Shop**

Every Sunday 1.30pm - 4pm

Don't forget to come along and enjoy great teas, where else can you get great teas and coffee with a piece of homemade cake, all for £1 !

**Thank You!**



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In our weakness, come to us in your strength.  
In our waywardness, you move toward us with forgiveness.  
Be with us during these 40 days of Lent and teach us that,  
having repented and confessed our sin,  
we might eagerly receive your forgiveness.

**Congregational Meeting Putnoe** will now take place after morning service on Sunday 20 April instead of 4 May.

**Service of Holy Communion** at Sir William Harpur House on the first Monday of every month at 10.00am, led by Charles Royden. Everybody is invited to attend, not just residents. Next Service February 4

**Hazeldene Heights Preschool.** Come & share in the activities with the children in our Preschool at Putnoe Heights. Please talk to Linda Hoar if you can spare a few hours each month or would like to know more about the group. Your help would be greatly appreciated. Linda Hoar 782717

**Putnoe Heights half term activities** Monday 11 February : 12-1 **Storybox** for under 5's & their carers. Bible based story; games & singing. Lunch provided £1 per child.  
**1.15 –2.45pm Storybox** Plus for 4-10yrs. Bible based story; craft activities & games. Light refreshments available. £1 per child.  
**Storybox** really need volunteers to help with catering and assistance with setting up and clearing away. If we can get enough people it would only mean once every 4-6 weeks on a Thursday from 11-1.15pm. Emma would also like a few more storytellers. If you can help please contact Emma Strangwick (211070) or talk to Linda Parry or Janet Day.

**Can you face paint ?** We are looking for some help at the Partnership Children's Good Friday event. If you can please see or ring Liz. 302349

**Help Needed** Jean Bank as a member of the congregation, is a volunteer at pre-school every Monday lunch time. She is going on holiday and we will need cover for Monday, Feb 18, 25, & March 3 & 10, from 12 until 1pm. If any member of the congregation at St. Marks is able to volunteer for all or any of these Mondays please let Helen Harpin, Sue Jones, or Janet Day know. We are a friendly bunch and there will be two regular members of staff present at all times.

**God Talk** is a group of women who meet monthly for an evening of worship and friendly chat. The next talk will be held at Wendy Waters home on Wednesday 13 February at 8 pm. Please contact Wendy on 01234 401834 if you need more information. Thank you. Majella Atkinson.

**Mission Update** - Following our Autumn mission project at Putnoe Heights we sent a Cheque off to Keech Cottage Hospice for the magnificent total of £3044, a combination of your donations from the Keech Cottage Mission Keech Cottage Mission envelopes, coffee mornings and and other great fundraising events. Thank you to all who gave so generously of their time and money. We have had a letter back from Keech thanking us for the "fantastic amount"

**Because Jesus himself  
has passed through  
the test of suffering,  
he is able to help those  
who are in the midst of their test.**

**Hebrews 2: 18**

### Rest In Peace

On the Sunday following a funeral service we remember in church those who have died. We light a candle to symbolise the light of Christ which eternally shines and brings hope. If you would like a person remembered in our service when the candle is lit, perhaps on an anniversary or birthday, please inform the ministers, or telephone the church office

**Janet Clarke**

*May the souls of all the faithful departed through the mercy of God, rest in peace and rise in glory. Amen.'*



**Rest in Peace**

**There are no funerals this week**